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# OXFORD

# Incidence and Clearance of Anal Human Papillomavirus Infection in 16 164 Individuals, According to Human Immunodeficiency Virus Status, Sex, and Male Sexuality: An International Pooled Analysis of 34 Longitudinal Studies

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*Background.* Understanding the natural history of anal high-risk human papillomavirus (hrHPV) infection is key for designing anal cancer prevention programs but has not been systematically characterized.

*Methods.* We reanalyzed data from 34 studies including 16 164 individuals in 6 risk groups defined by human immunodeficiency virus (HIV) status, sex, and male sexuality: men who have sex with men (MSM) and are living with HIV (MSMLWH), HIV-negative MSM, women living with HIV (WLWH), HIV-negative women, men who have sex with women (MSW) and are living with HIV (MSWLWH), and HIV-negative MSW. We used Markov models to estimate incidence and clearance of 13 hrHPV types and their determinants.

**Results.** Human papillomavirus (HPV) 16 had the highest incidence-clearance ratio of the hrHPV types. MSMLWH had the highest hrHPV incidence (eg, 15.5% newly HPV-16 infected within 2 years), followed by HIV-negative MSM (7.5%), WLWH (6.6%), HIV-negative women (2.9%), MSWLWH (1.7%), and HIV-negative MSW (0.7%). Determinants of HPV-16 incidence included HIV status and number of sexual partners for MSM, women, and MSW, and anal sex behavior for MSM only. HPV-16 clearance was lower for people living with HIV (PLWH) and lower for prevalent than incident infection. Among MSM, increasing age was associated with lower clearance of prevalent, but not incident, HPV-16 infection.

**Conclusions.** This robust and unifying analysis of anal hrHPV natural history is essential to designing and predicting the impact of HPV vaccination and HPV-based screening programs on anal cancer prevention, particularly in MSM and PLWH. Importantly, it demonstrates the higher carcinogenic potential of longstanding anal prevalent hrHPV infection than more recent incident infection.

Keywords. HPV; HIV; anus; incidence; clearance.

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Of 29 000 high-risk human papillomavirus (hrHPV)–attributable anal squamous cell carcinomas (ASCCs) estimated to be diagnosed worldwide in 2018, 10 000 occur in men and 19 000 in women [1]. ASCC risk is low in the general population (1–2 cases per 100 000 person-years) but is known to be elevated in certain subgroups, such as human immunodeficiency virus (HIV)–negative men who have sex with men (MSM; approximately 20 cases per 100 000 person-years), women living with HIV (WLWH; approximately 30 cases), men who have sex with women (MSW) and are living with HIV (MSWLWH; approximately 30 cases), and especially MSM who are living with HIV (MSMLWH; approximately 100 cases) [2].

Anal hrHPV infection is the etiologic agent for ASCC and human papillomavirus (HPV)-16 is the most carcinogenic type among both HIV-negative people and people living with HIV (PLWH) [3]. Differences in ASCC incidence by risk group are likely driven by variations in the underlying natural history of anal hrHPV (HPV-16) infection, through increased hrHPV (HPV-16) incidence, known to be heavily influenced by sexual behavior [4], or decreased hrHPV (HPV-16) clearance, known to be worsened by immune dysfunction related to HIV infection [5].

Robust estimates of type-specific anal hrHPV incidence and clearance by risk group are essential to designing and predicting the population-wide impact of HPV-based ASCC prevention programs. These programs include primary prevention through HPV vaccination, as well as secondary prevention through, for example, HPV-based screening algorithms, somewhat analogous to cervical cancer screening.

Many longitudinal studies have reported the natural history of anal HPV infection, focusing on specific risk groups (Supplementary Table 1). However, heterogeneity in study design, such as duration and follow-up intervals, differences in analytic definitions of incidence and clearance [6], as well as relatively small sample sizes and number of events, hamper comparisons across risk groups, limiting their applicability to inform risk-targeted ASCC prevention interventions. Thus, we performed a collaborative-pooled reanalysis of individuallevel data, underpinned by a statistical method allowing the pooling of data across studies of different duration and followup intervals, to provide a unified estimate of anal hrHPV incidence and clearance across risk groups stratified by HIV status, sex, and male sexuality.

## METHODS

# Data Collection

We conducted a systematic review on studies reporting on anal HPV incidence or clearance, by searching MEDLINE and Embase for studies published between 1 January 1986 and 31 January 2022, using the search strategy detailed in Supplementary Data 1. Studies were eligible if they used polymerase chain reaction to detect type-specific anal HPV DNA (at least for HPV-16) at multiple time points. Authors of eligible studies were contacted and invited to share individual-level data on the following variables: (1) HIV status, (2) sex, (3) male sexuality (MSW or MSM), (4) age, and, for each eligible study visit, (5) date and (6) type-specific anal HPV result. Additional variables (cytopathological diagnosis, sexual behavior, smoking, etc) were also shared, if available.

## **Data Analysis**

A 2-state (HPV-negative and HPV-positive) continuous-time Markov model (CTMM) was used to estimate HPV incidence rate (from HPV negative to HPV positive) and clearance rate (from HPV positive to HPV negative) (Supplementary Data 2) [7]. This model was well suited for the pooled analysis, since it allows individuals to switch between the 2 states at any point in time, not only at the time of the visit when HPV was tested. Estimating the constant transmission rate addresses 3 issues: (1) the nature of interval-censored data on HPV status, namely the time of the visit does not capture the exact time of incidence or clearance of an infection; (2) the variability in HPV visit intervals for individuals within studies; and (3) the variability in visit interval protocols across studies. Importantly, clearance rates were estimated separately for infection that was detected at baseline (prevalent infection) or at follow-up visit (incident infection), by generating a covariable "infection type."

We ran separate CTMMs for 13 individual hrHPV types (HPV types 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, and 68) (group 1/2A; International Agency for Research on Cancer) [8], by using HIV status (negative and positive), population (MSM, women, and MSW), age group (<25, 25–34, 35–44, 45–54, or  $\geq$ 55 years) and infection type (prevalent and incident) as covariables. This allowed postestimation of type-specific incidence and clearance, expressed as events per 1000 person-months, in 6 risk groups (MSMLWH, HIV-negative MSM, WLWH, HIV-negative women, MSWLWH, and HIV-negative MSW), as well as incidence-clearance ratio and mean duration of infection for the 13 hrHPV types.

Other outputs, with a focus on HPV-16, were also estimated. First, hazard ratios of risk factors of HPV-16 incidence and clearance were evaluated. Second, the cumulative probability of HPV-16 incidence and clearance up to 2 years was estimated by 6 risk groups and, for MSM and women, stratified by HIV status and age group. Last, we estimated HPV-16 prevalence among MSM and women at 2 years after baseline, according to HIV status, infection type (as a surrogate for infection duration: prevalent infection equated to infection duration  $\geq$ 2 years and incident infection to duration <2 years) and, for MSM only, age group. R software (version 4.0.3, http://www.r-project.org, R Core Team 2021) was used for all analyses.

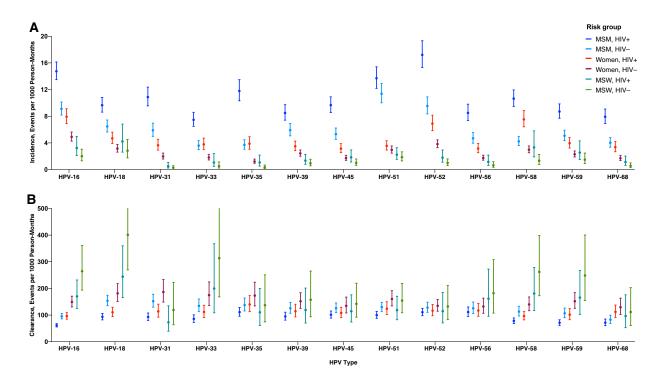


Figure 1. Incidence and clearance of anal type-specific high-risk human papillomavirus (HPV) infection in 6 risk groups. Error bars represent 95% confidence intervals. Abbreviations: HIV+, living with human immunodeficiency virus (HIV); HIV-, HIV negative; MSM, men who have sex with men; MSW, men who have sex with women.

# RESULTS

The systematic review identified 48 eligible longitudinal studies with 25 238 individuals, of which 34 studies with 21 069 individuals (83.5%) contributed data (Supplementary Figure 1). Among the 21 069 individuals, 16 164 (76.7%) had  $\geq$ 2 valid anal HPV results (contributing a total of 56 048 eligible visits) and were included in analyses, of whom 29.4% were MSMLWH (n = 4745), 24.0% HIV-negative women (n = 3877), 21.4% HIV-negative MSM (n = 3459), 16.6% HIV-negative MSW (n = 2691), 6.6% WLWH (n = 1062), and 2.0% MSWLWH (n = 330) (Supplementary Tables 1 and 2).

The HPV-16 incidence was highest in MSMLWH (14.8 per 1000 person-months [95% confidence interval (CI), 13.5–16.1]), followed by HIV-negative MSM (9.1 [8.2–10.1]), WLWH (7.9 [6.9–9.1]), HIV-negative women (4.9 [4.3–5.6]), MSWLWH (3.2 [2.1–5.0]), and HIV-negative MSW (2.0 [1.3–3.1]) (Figure 1*A*). For HPV-16 clearance, the same ranking by risk group was observed, being lowest in MSMLWH (61.5 per 1000 person-months [95% CI, 55.6–67.9]), then HIV-negative MSM (95.5 [86.0–106.0]), WLWH (96.2 [84.7–109.3]), HIV-negative women (149.5 [130.7–170.9]), MSWLWH (170.4 [125.2–231.8]), and HIV-negative MSW (264.6 [193.9–361.0]) (Figure 1*B*). Similar patterns by risk group tended to be observed for incidence and clearance of all other hrHPV types. Of all hrHPV types, HPV-16 tended to have the highest incidence-

clearance ratio of all hrHPV types, a pattern that was most evident among MSMLWH, HIV-negative MSM, WLWH, and HIV-negative women (Figure 2).

Of the 16750 hrHPV infections observed, a greater proportion were prevalent (n = 11356) than incident (n = 5394) infection, both overall and in each risk group (Supplementary Figure 2). The mean duration of prevalent infections was longer than that of incident infections (Figure 3). For HPV-16, for example, the mean durations for prevalent versus incident infection were 3.8 (95% CI, 3.5–4.1) versus 1.2 (1.1–1.4) years in MSMLWH, 2.2 (1.9–2.4) versus 0.8 (.7–1.0) in HIV-negative MSM, 2.5 (2.0–3.1) versus 0.7 (.6–.8) in WLWH, and 0.8 (.6–.9) versus 0.5 (.4–.6) in HIV-negative women. Infections were too few to allow this type of analysis for MSW (Supplementary Figure 2).

Among MSM, women, and MSW, the HPV-16 incidence was higher in younger people, those who were living with HIV, and those with more lifetime and recent sexual partners, and among MSM and women, it was higher in current smokers (Table 1). Ever having receptive anal sex and high (lifetime and recent) number of anal sexual partners were associated with higher HPV-16 incidence in MSM but not in women. Lower CD4 cell counts and higher HIV viral load were associated with HPV-16 incidence among MSMLWH and WLWH, although differences were not always statistically significant.

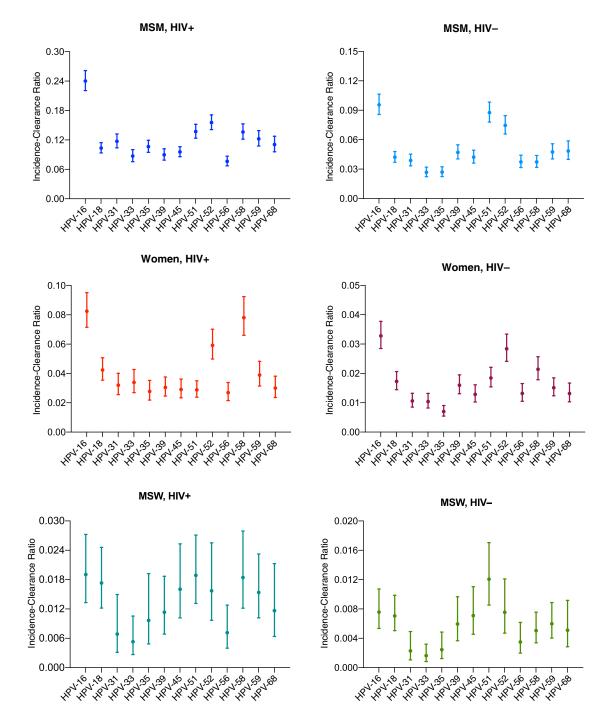


Figure 2. Incidence-clearance ratios for anal type-specific high-risk human papillomavirus (HPV) infection in 6 risk groups. Error bars represent 95% confidence intervals. Abbreviations: HIV+, living with human immunodeficiency virus (HIV); HIV-, HIV negative; MSM, men who have sex with men; MSW, men who have sex with women.

Among the 3 populations, HPV-16 clearance was significantly lower in PLWH than in HIV-negative people (Table 1). For both MSM and women, clearance of HPV-16 incident infection was higher than that of prevalent infection. Older age and presence of anal high-grade squamous intraepithelial lesions (HSILs) at baseline were associated with lower clearance in MSM. HIV viral load was significantly associated with lower clearance in MSMLWH, and a consistent nonsignificant association was observed in WLWH.

The 2-year cumulative HPV-16 incidence was 15.5% (95% CI, 14.6%–16.6%) in MSMLWH, 7.5% (6.9%–8.3%) in HIV-negative MSM, 6.6% (5.8%–7.4%) in WLWH, 2.9% (2.5%–3.3%) in HIV-negative women, 1.7% (1.2%–2.4%) in MSWLWH, and 0.7% (.5%–1.0%) in HIV-negative MSW

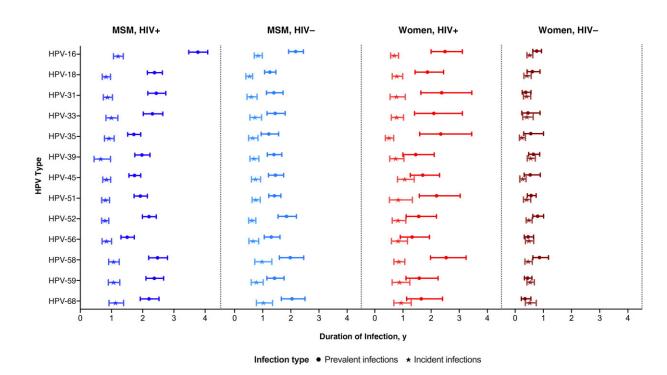


Figure 3. Mean duration of anal high-risk human papillomavirus (HPV) prevalent and incident infection in 4 risk groups. Error bars represent 95% confidence intervals. Abbreviations: HIV+, living with human immunodeficiency virus (HIV); HIV-, HIV negative; MSM, men who have sex with men.

(Figure 4A). The cumulative HPV-16 incidence was higher in youngest MSMLWH (Figure 4D) and HIV-negative women (Supplementary Figure 3), but the age effect was less clear for HIV-negative MSM (Figure 4G) and WLWH (Supplementary Figure 3).

After 2 years, HPV-16 prevalent infection persisted in 58.6% of MSMLWH, 42.7% of WLWH, 35.7% of HIV-negative MSM, 19.4% of HIV-negative women, 15.3% of MSWLWH, and 2.7% of HIV-negative MSW (Figure 4*B*). For each of these risk groups, the respective 2-year persistence for incident infection was lower, namely, 30.6%, 10.2%, 15.4%, 3.6%, 4.6%, and 1.2% (Figure 4*C*). There was a strong relationship between age and persistence of HPV-16 prevalent infection, both for MSMLWH and HIV-negative MSM (Figures 4*E* and 4*H*), but not for incident infection (Figures 4*F* and 4*I*). There were no differences in clearance of prevalent or incident HPV-16 infection by age in WLWH or HIV-negative women (Supplementary Figure 3).

At 2 years after baseline, HPV-16 prevalence peaked at age 25–34 years and decreased with age in MSMLWH, whereas in HIV-negative MSM, the prevalence increased with age (Figures 5*A* and 5*B*). Notably, the proportion of HPV-16 infections with a duration  $\geq$ 2 years (ie, already prevalent at baseline) increased from 38% at age <25 years to 69% at age  $\geq$ 55 years in MSMLWH (Figure 5*D*) and from 13% to 68% in HIV-negative MSM (Figure 5*E*). Among women (for whom we observed no apparent age effect), HPV-16 prevalence was higher in WLWH than in HIV-negative women (Figure 5*C*), and the proportion

of HPV-16 infections with a duration  $\geq 2$  years was higher in WLWH (46%) than in HIV-negative women (11%) (Figure 5*F*).

#### DISCUSSION

This pooled reanalysis of individual-level longitudinal data from 34 studies built a robust picture of the natural history of anal hrHPV infection across 6 ASCC risk groups, underpinned by statistical methods (CTMM) that allowed us to overcome the inconsistencies in design and analytical approaches of previous individual studies. We confirmed that HIV status, sex, and male sexuality are important population-level determinants of both anal hrHPV incidence and clearance. In all risk groups, clearance of incident hrHPV infection was higher than that of prevalent infection. Age-specific differences in hrHPV clearance in MSM were predominantly observed for prevalent but not incident infection, suggesting that age-specific differences are more likely linked to duration of HPV infection rather than age of the infected individual.

Compared with other hrHPV types, HPV-16 had the highest incidence-clearance ratio and longest infection duration, as previously reported [4, 9, 10]. This finding could explain why HPV-16 was the most prevalent type, both at baseline in our pooled data set (Supplementary Figure 4), as well as in other studies [11, 12], and it supports the uniquely high potential of anal HPV-16 infection to progress to ASCC [3]. Notably,

# Table 1. Risk Factors for Incidence and Clearance of Anal Human Papillomavirus 16 Infection in Men Who Have Sex With Men, Women, and Men Who Have Sex With Women

Risk Factor	Incidence, aHR <sup>a</sup> (95% CI)			Clearance, aHR <sup>a</sup> (95% CI)		
	MSM	Women	MSW	MSM	Women	MSW
Age group, y						
<25	Reference	Reference	Reference	Reference	Reference	Reference
25–34	.84 (.65–1.09)	.83 (.61–1.13)	.49 (.15–1.61)	.74 (.58–.94) <sup>b</sup>	.90 (.68–1.20)	.68 (.22–2.05
35–44	.73 (.56–.94) <sup>b</sup>	.96 (.69–1.34)	.50 (.17–1.50)	.63 (.50–.80) <sup>b</sup>	1.14 (.80–1.61)	.79 (.31–2.01
45–54	.55 (.42–.72) <sup>b</sup>	.38 (.24–.61) <sup>b</sup>	.32 (.10-1.05)	.51 (.40–.65) <sup>b</sup>	1.15 (.76–1.73)	.64 (.22–1.85
≥55	.31 (.23–.42) <sup>b</sup>	.79 (.41–1.52)	.25 (.03–2.21)	.42 (.32–.55) <sup>b</sup>	1.29 (.72–2.31)	.66 (.20–2.16
Age (per 10 y)	.77 (.72–.81) <sup>b</sup>	.85 (.76–.94) <sup>b</sup>	.72 (.52–.99) <sup>b</sup>	.81 (.77–.85) <sup>b</sup>	1.07 (.95–1.19)	.91 (.71–1.17
HIV status						
Negative	Reference	Reference	Reference	Reference	Reference	Reference
Positive	1.42 (1.22–1.64) <sup>b</sup>	1.90 (1.47–2.46) <sup>b</sup>	3.33 (1.46–7.64) <sup>b</sup>	.68 (.60–.77) <sup>b</sup>	.47 (.36–.62) <sup>b</sup>	.37 (.18–.75) <sup>t</sup>
Lifetime no. of sexu				,		
Low	Reference	Reference	Reference	Reference	Reference	Reference
High	1.22 (1.01–1.47) <sup>b</sup>	2.58 (1.86–3.57) <sup>b</sup>	4.79 (1.38–16.7) <sup>b</sup>	.90 (.76–1.06)	1.00 (.75–1.35)	.61 (.21–1.75
No. of recent sexua		2.00 (1.00 0.07)	1.70 (1.80 10.7)	.00 (.70 1.00)	1.00 (.70 1.00)	.01 (.21 1.70
Low	Reference	Reference	Reference	Reference	Reference	Reference
High	1.76 (1.38–2.23) <sup>b</sup>	1.67 (1.12–2.47) <sup>b</sup>	1.90 (.52–6.91)	1.14 (.91–1.44)	1.09 (.76–1.57)	1.70 (.44–6.56
Ever having receptiv		1.07 (1.12-2.47)	1.90 (.92-0.91)	1.14 (.91=1.44)	1.03 (.70-1.57)	1.70 (.44-0.50
No	Reference	Deference		Reference	Reference	
-	1.43 (1.11–1.85) <sup>b</sup>	Reference				
Yes		.79 (.60–1.04)		1.18 (92–1.51)	.78 (.61–1.01)	
Lifetime no. of anal		D (		D (	D (	
Low	Reference	Reference		Reference	Reference	
High	1.58 (1.18–2.13) <sup>b</sup>	.79 (.60–1.04)	•••	1.24 (.95–1.61)	.78 (.61–1.01)	
No. of recent anal s	•					
Low	Reference	Reference		Reference	Reference	
High	1.45 (1.17–1.80) <sup>b</sup>	.80 (.48–1.34)		1.04 (.86–1.26)	.97 (.63–1.47)	
Current smoking						
No	Reference	Reference		Reference	Reference	
Yes	1.21 (1.03–1.43) <sup>b</sup>	1.58 (1.14–2.18) <sup>b</sup>		.94 (.81–1.09)	.98 (.73–1.31)	
Presence of anal HS	SILs at baseline					
No	Reference			Reference		
Yes	1.13 (.89–1.42)			.66 (.54–.79) <sup>b</sup>		
Infection type						
Prevalent				Reference	Reference	
Incident				2.44 (2.16–2.74) <sup>b</sup>	2.24 (1.81–2.78) <sup>b</sup>	
Among individuals I	iving with HIV only					
Current CD4 cell co	ount					
>500/µL	Reference	Reference		Reference	Reference	
350–500/µL	1.26 (1.02–1.55) <sup>b</sup>	.99 (.59–1.66)		1.16 (.97–1.39)	.94 (.59–1.49)	
<350/µL	1.12 (.89–1.42)	1.65 (1.09–2.48) <sup>b</sup>		1.00 (.82-1.23)	.91 (.63–1.32)	
Current HIV viral loa	ad, copies/mL					
<50	Reference	Reference		Reference	Reference	
50-10 000	1.06 (.81–1.39)	2.47 (1.55–3.92) <sup>b</sup>		.91 (.72–1.14)	.97 (.66–1.43)	
>10 000	1.14 (.92–1.40)	1.94 (1.18–3.19) <sup>b</sup>	••	.76 (.63–.92) <sup>b</sup>	.68 (.44–1.05)	

Abbreviations: aHR, adjusted hazard ratio; CI, confidence interval; HIV, human immunodeficiency virus; HPV, human papillomavirus; HSILs, high-grade squamous intraepithelial lesions; MSM, men who have sex with men; MSW, men who have sex with women.

<sup>a</sup>HRs were estimated from separate models for each variable and adjusted by age group and HIV status for incidence and clearance analyses, and also by infection type for clearance analyses, as appropriate.

<sup>b</sup>Significant aHRs relative to the reference group.

<sup>c</sup>The categories for numbers of sexual partners (lifetime or recent; overall or anal) were defined by the combination of median value for each population and the availability of categorical variables from contributed studies. For lifetime number of sexual partners, low was defined as  $\leq$ 200 for MSM and  $\leq$ 3 for women and MSW; high, as >200 for MSM and >3 for women and MSW. For recent sexual partners, low was defined as  $\leq$ 5 for MSM and  $\leq$ 1 for women and MSW; high, as >5 for MSM and >1 for women and MSW. For lifetime number of anal sexual partners, low was defined as  $\leq$ 50 for MSM and  $\geq$ 0 for women. For recent anal sexual partners, low was defined as  $\leq$ 3 for MSM and  $\geq$ 0 for women. For recent anal sexual partners, low was defined as  $\leq$ 3 for MSM and  $\geq$ 0 for women, high, as >3 for MSM and  $\geq$ 0 for women.

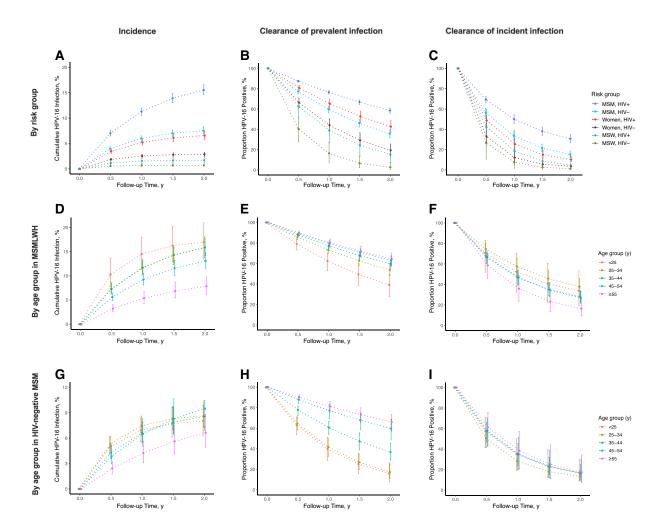


Figure 4. Cumulative incidence and clearance of anal human papillomavirus (HPV) 16 infection by risk group, as well as by age group in men who have sex with men (MSM) and are living with human immunodeficiency virus (HIV) (MSMLWH) and HIV-negative (HIV-) MSM. Error bars represent 95% confidence intervals. Abbreviations: HIV-, living with HIV; MSW, men who have sex with women.

the incidence-clearance ratio for HPV-18 was no different from that many other hrHPV types, corroborating evidence that the carcinogenicity of HPV-18 in the anus is not as apparent as in the cervix [1].

Most previous individual reports on anal hrHPV natural history have not been powered to separate clearance of prevalent infection from incident infection. Furthermore, prevalent hrHPV infection is not homogeneous but is rather a mixture of antecedent natural histories. Prevalent infection may be recently acquired, like incident infection, or be longstanding and likely to have greater oncogenic potential. Indeed, using a similar CTMM approach, Plummer et al [13] found that the longer a cervical hrHPV infection had persisted, the greater the probability that it would further persist. In the current study, we were able to provide robust evidence of the same tendency in the anus. First, incident anal HPV infection was shown to clear significantly faster than prevalent infection, consistently for all hrHPV types and across different risk groups, as previously reported [9, 14]. Moreover, prevalent HPV-16 infection was more likely to clear in young than in older MSM, irrespective of HIV status. This finding is consistent with the higher cervical HPV clearance observed in young women [15] and is expected to be related to differences in prior duration of infection by age. Indeed, our CTMM approach demonstrated that prevalent infection in older MSM is disproportionately represented by longstanding infection. The absence of an age effect on clearance of incident HPV-16 infection also suggests that differences are driven by the duration of the infection rather than by age. On a similar note, the observation of a lower clearance of prevalent HPV-16 infection in MSM than in women or MSW (even after adjustment for HIV status and age; Supplementary Table 3) suggests that prevalent infection in MSM is more likely to represent longstanding persistent infection, and hence to have greater oncogenic potential, than that detected in women and MSW of a similar age.

Among all individuals

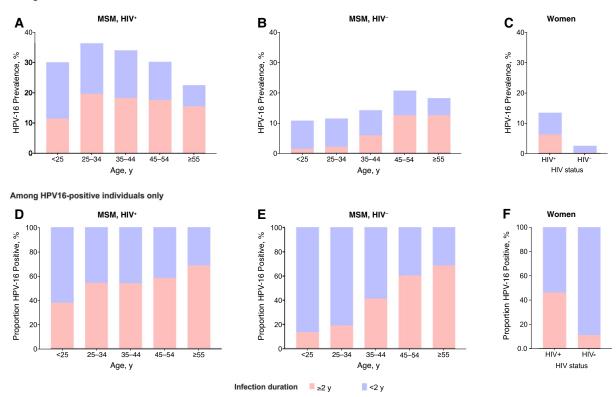


Figure 5. Human papillomavirus (HPV) 16 prevalence in men who have sex with men (MSM) and in women, according to prior duration of infection. Abbreviations: HIV+', living with HIV; HIV-, HIV negative.

HIV positivity was confirmed as an important risk factor for HPV-16 incidence and clearance among all 3 populations, consistent with the evidence that PLWH have higher HPV prevalence and ASCC risk than their HIV-uninfected counterparts [2, 11]. Additional evidence for the role of HIV-related immunosuppression on the natural history of HPV infection in the current study comes from the observation that CD4 cell count and HIV viral load were determinants of HPV-16 incidence and clearance in PLWH.

Having anal HSILs was a strong risk factor for lower HPV-16 clearance in MSM, highlighting the strong causal link between HPV-16 and anal HSILs [3, 16]. Indeed, the presence of underlying HSILs may partially contribute to the lower HPV-16 clearance observed in older MSM. Current smoking was associated with higher anal HPV-16 incidence, likely reflecting confounding by sexual behavior but corroborating evidence that anal cancer is elevated among smokers [17].

The current study highlighted important differences in anal HPV-16 acquisition by sex. Number of sexual partners, whether lifetime or recent, was confirmed as a strong determinant of HPV-16 incidence in both MSM and women. Number of anal sexual partners, on the other hand, was strongly associated with HPV-16 incidence in MSM, but not in women, despite adequate sample sizes. This suggests that anal HPV-16 incidence is similar in women whether or not they have anal sexual intercourse, and it supports other lines of evidence that anal HPV is frequently acquired from the cervix/external genital region. These include strong correlations in type-specific HPV detection between the genitals and anus among women [18] (and MSW [19]), as well as associations between front-to-back post-toilet wiping or anal touching and female anal HPV infection [20, 21].

HPV clearance, defined as a single positive result followed by a single negative result, offers a real-life picture of repeat anal HPV testing. Nevertheless, HPV contamination, intravisit clearance, or reinfection, driven by recent sexual activity, can mimic lack of clearance. Thus, HPV clearance rate may remain underestimated, particularly in highly exposed groups, and this may partly explain why incident infection is observed to clear less often in MSM than in women and MSW, even after adjustment for HIV status and age (Supplementary Table 3). Of note, the CTMM developed for this analysis allows for individuals to switch HPV status between visits and so better addresses this issue than the standard person-time approach based only on observed events. Indeed, estimates of incidence and clearance, as well as differences in these measures between risk groups, were much lower from a standard person-time approach (Supplementary Figure 5) than from our CTMM approach, as shown previously [9]. However, our estimates were generally consistent with previous individual studies using CTMM for MSM [9, 10, 22].

Other strengths of CTMM, in addition to those mentioned above, include the avoidance of separating follow-up into 2 discrete datasets for incidence and clearance. However, combining studies with different visit intervals precluded us from investigating stricter criteria for incidence or clearance (eg, a requirement for 2 subsequent positive, or negative, visits, respectively) or analyzing groups of HPV types (eg, any hrHPV). Other limitations should also be noted. First, our CTMM approach cannot overcome any lack of representativeness in the original study population. Most notably, HIV-negative MSM recruited into HPV studies are at higher-than-average HPV infection risk compared with their general population [11, 12]. Second, small numbers of MSWLWH and few HPV infections in HIV-negative MSW hampered the robustness of estimates in MSW. Furthermore, most individuals were from the United States, Europe, or Asia, with underrepresentation of Africa, even for PLWH.

Gender-neutral HPV vaccination of children is expected to be the long-term solution for ASCC prevention in all risk groups, including MSM [23]. However, MSM will not receive protection from female-only vaccination [24]. This, together with evidence of vaccine effectiveness against anal HPV infection [25, 26], has led certain countries to recommend targeted vaccination for MSM and other high-risk populations, such as PLWH [27]. When predicting the relative public health benefits of age-targeted MSM versus gender-neutral vaccination, however, it is important to consider that incident infection tends to be shorter lived and that the fraction of prevalent infection that represents longstanding persistent infection increases with age. Thus, in cohorts of increasing age, an increasingly important proportion of future ASCC can be expected to arise from existing prevalent HPV infection and will not be prevented by HPV vaccination. Of relevance, clinical trials in PLWH aged >26 years old were unable to demonstrate efficacy against anal HPV infection [28, 29].

Populations at highest risk of ASCC, which were not eligible for childhood HPV vaccination, could benefit from anal cancer screening [30], analogous to HPV-based cervical cancer screening, but with a particular focus on HPV-16, given its unique anal carcinogenicity [3]. However, up to 30% of MSMLWH, and 15% of HIV-negative MSM and WLWH are HPV-16 positive at any given time [12, 31] and may not all be at sufficient risk to warrant referral for high-resolution anoscopy, an invasive technique for which there is limited available clinical expertise [12]. Referral only of patients with persistent HPV infection, a necessary requirement for ASCC development, may thus improve risk stratification. The current study provides the indicators to make predictions in screening programs based on persistent infection. For example, retesting MSM and PLWH found to be HPV-16 positive at the first visit after 1 year would avoid referral of about a quarter of patients, and retesting those found to be positive at 2 years would avoid referral of about half.

In conclusion, robust estimates of anal HPV incidence and clearance inform anal HPV natural history by risk group. They are key to designing and predicting the impact of ASCC prevention algorithms, including primary (HPV vaccination) and secondary (HPV-based screening) prevention modalities for targeted high-risk populations. Most notably, our study demonstrates that the carcinogenic potential of longstanding prevalent anal hrHPV infection is higher than that of more recent incident infection.

# **Supplementary Data**

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

#### Notes

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